

SCOPE SUCCESS STRATEGY



YOUR PERSONAL STRATEGY TO
RECOVERY SUCCESS

1 GET OUT OF PAIN

2 REBUILD YOUR STRENGTH

3 BULLETPROOF YOUR BODY



- ✓ Find out the cause of your symptoms
- ✓ Start your initial treatment
- ✓ Get your rehab & treatment program underway

- ✓ Build back your strength
- ✓ Develop better movement habits
- ✓ Get back your confidence in your physical ability

- ✓ Turn your weaknesses into your strengths
- ✓ Create long term results by identifying your movement and strength blindspots
- ✓ Take your physical health to the next level

DIAGNOSIS:

YOUR GOALS



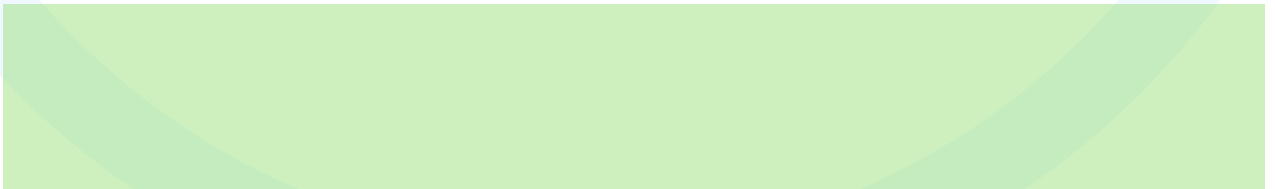
GET OUT OF PAIN



REBUILD YOUR STRENGTH



BULLETPROOF YOUR BODY



PLAN OF ACTION